

HOW DO I PARTICIPATE?

It's easy, and pretty soon you're going to love being a part of the local composting effort!

- 1 Collect food scraps and acceptable items (see list) in a container in your kitchen.
- 2 Store food scraps in a bucket until you are ready to transport them.
- 3 Bring your food scraps to any LRSWMD Drop-Off Location.
- 4 Empty your bucket into a compost tote when you bring your recycling and trash to one of the LRSWMD Drop-Off Locations. It only costs \$1 for up to five gallons! Bring all your waste to one handy place!



BUCKET TIPS

- 1 Add some sawdust, shredded paper, or leaves into your empty bucket and layer between food scraps to help absorb moisture.
- 2 Store food scraps in your freezer until just before emptying your bucket to help keep your bucket cleaner and reduce odors.
- 3 Clean your bucket with warm water and white vinegar after each emptying.
- 4 Check out our Lamoille Soil videos on YouTube for more useful tips and information about the program.

Lamoille Soil sells handy containers for clean and easy storage and transportation!

**UNSURE if it's
COMPOSTABLE**



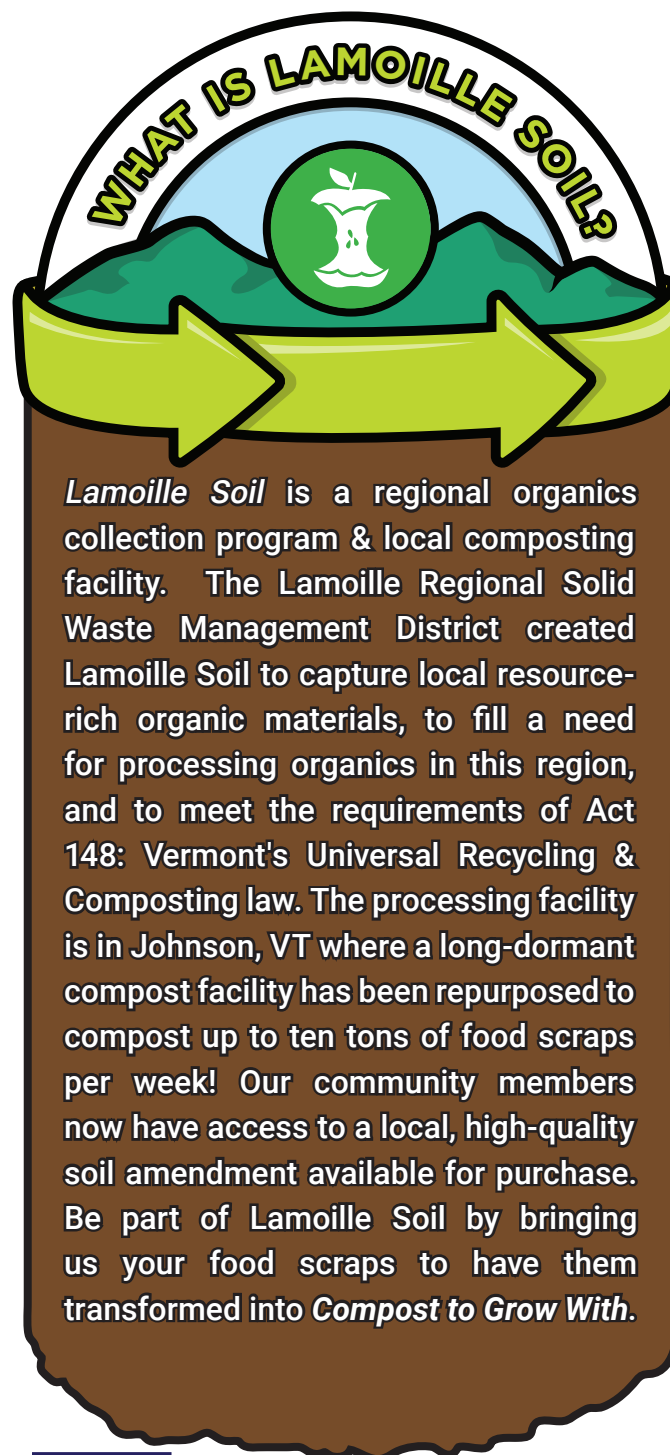
**Always ask if you
have questions!
802.888.7317**



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*Lamoille Soil is a regional organics collection program & local composting facility. The Lamoille Regional Solid Waste Management District created Lamoille Soil to capture local resource-rich organic materials, to fill a need for processing organics in this region, and to meet the requirements of Act 148: Vermont's Universal Recycling & Composting law. The processing facility is in Johnson, VT where a long-dormant compost facility has been repurposed to compost up to ten tons of food scraps per week! Our community members now have access to a local, high-quality soil amendment available for purchase. Be part of Lamoille Soil by bringing us your food scraps to have them transformed into *Compost to Grow With*.*







YOUR LOCAL FOOD SCRAP COLLECTION PROGRAM



A PROGRAM OF LRSWMD

WHAT ARE THE BENEFITS OF ADDING COMPOST TO YOUR SOIL?

-  Improves soil structure and provides key nutrients for healthy plant growth
-  Increases infiltration and permeability of heavy soils reducing erosion and runoff
-  Improves water and nutrient holding capacity reducing the frequency of watering and the use of synthetic fertilizers
-  Increases carbon sequestration

WANT TO GET YOUR SHOVEL ON SOME LAMOILLE SOIL COMPOST?

Lamoille Soil produces compost using an aerated static pile (ASP) process where air is forced through stationary piles creating enough heat to reduce pathogens and kill weed seeds resulting in a high-quality finished compost. Compost contains many plant-available nutrients and is a soil-conditioning amendment to use in your gardens and lawns!

Lamoille Soil compost is available for purchase whenever you need it. Get it in 5-gallon buckets at any LRSWMD location and the bucket is yours to keep! Refill a 5-gallon bucket at select locations or pick up a bulk order of a cubic yard or more by appointment at the Lamoille Soil facility at 941 Wilson Road, Johnson. Call 802.888-7317 for pricing and details.



Looking for more information?
visit www.lrswmd.org or email
compost@lrswmd.org

ACCEPTABLE

- **Meat, Bones**
- **Fruits, Vegetables, Peels & Pits**
(REMOVE STICKERS)
- **Dairy** *(milk, cheese, yogurt, etc.)*
- **Cooking Oils, Grease, Fats, Dressings**
- **Soups, Sauces**
- **Fish, Seafood, Shellfish & Shells**
- **Coffee Grounds & Filters**
- **Flour, Sugar, Bread, Pasta, Grains**
- **Eggs & Eggshells**
- **Spices, Salt, & Condiments**
- **Moldy, Spoiled, & Expired Food**
- **Human & Pet Hair**
- **Cut Flowers**
- **Nuts & Shells**
- **Carbon-Rich Materials** *(shredded white office paper, brown paper bags, shredded cardboard, leaves, clean sawdust)*

Many other items are compostable but to protect the integrity of the finished compost, please include only the items listed here.

NOT ACCEPTABLE

- **Metal & Glass**
- **All Plastic including plastic bags**
- **Styrofoam**
- **Sugar & Condiment Packets**
- **Hazardous Waste**
- **Cosmetics**
- **Pharmaceuticals/Medications**
- **Wax-Coated Paper Products**
(juice/milk cartons or frozen food boxes)
- **Compostable Serveware**
- **Produce (PLU) Stickers**
- **Human & Pet Waste** *(including cat litter)*
- **K Cups**
- **Dryer & Vacuum Lint**
- **Paper Products**
(plates, cups, napkins, paper towels, tissues, etc.)

These items will not break down in the compost process or may compromise the quality of the finished compost. Please be diligent in keeping them out of your food scraps.

LRSWMD DROP-OFF LOCATIONS

CRAFTSBURY - Town Garage, Creek Rd.
Sat. 9:00AM - 1:00PM

EDEN - Town Garage, Route 100
Sun. 9:00AM - 2:00PM

JOHNSON - 941 Wilson Rd.
Fri., Sat. 8:30AM - 3:30PM
802.635.9246

MORRISVILLE - 832 Cochran Rd.
Sat. 8:30AM - 1:30PM

STOWE - 91 Dump Rd.
Wed. - Mon. 7:30AM - 3:00PM
802.253.4059

WORCESTER - 43 Calais Rd.
Sat. 7:30AM - 1:00PM
802.229.2719